PETERLEE TOWN COUNCIL

THE MINUTES OF THE MEETING

OF THE PAVILION MANAGEMENT BOARD

HELD IN THE WILLIAM JEFFREY ROOM, THE PAVILION, PETERLEE

ON TUESDAY 5TH JULY 2016

PRESENT: COUN A WATSON (CHAIR)

Mesdame:- K Hawley

Messrs:- L Cook & C J Metcalfe

User Groups:-

R Laverick Peterlee Pumas Rugby

Mr A Reid Football Mr R Simpson Cricket

1. APOLOGIES FOR ABSENCE

Apologies had been submitted and accepted from Councillor Miss V Watson, (other commitments), S Miles, (ill) and Mrs P Collins, (quilters).

RECOMMENDED the Council approve the reason submitted for absence received from the Councillor listed on the grounds given above, and her apologies for absence be recorded.

- 2. THE MINUTES OF THE LAST MEETING HELD ON THE 2ND FEBRUARY 2016 a copy of which had been circulated to each Member, were accepted.
- 3. REPORT OF THE SPORTS DEVELOPMENT OFFICER

The report of the Sports Development Officer had been circulated to each Member for their consideration and covered the following areas:-

1. ACTIVITIES

Sports Development activities and attendances over the last three months were listed below. These activities were either delivered or organised by

Sports Development.

	Taekwondo	Taekwondo	Little	Little	Junior	Ladies Run
April	(Tue)	(Thu)	Dribblers	Dribblers	Athletics	Club
04/04/2016	4	10	3	Cancelled	Cancelled	33
11/04/2016	Cancelled	15	10	6	9	39
18/04/2016	6	14	8	10	10	42
25/04/2016		11			8	
TOTAL	10	50	21	16	27	114

Tuesday

Friday

			Tuesday	TTIGAY		
	Taekwondo	Taekwondo	Little	Little	Junior	Ladies Run
May	(Tue)	(Thu)	Dribblers	Dribblers	Athletics	Club
02/05/2016	Cancelled	Cancelled	6	6	Cancelled	46
09/05/2016	Cancelled	11	7	11	11	39
16/05/2016	Cancelled	15	Cancelled	6	10	39
23/05/2016	Cancelled	10	Cancelled	11	Cancelled	15
30/05/2016	6	8		2	10	29
TOTAL	6	44	13	36	31	168

			Tuesday	Friday		
	Taekwondo	Taekwondo	Little	Little	Junior	Ladies Run
June	(Tue)	(Thu)	Dribblers	Dribblers	Athletics	Club
06/06/2016	Cancelled	12	8	12	11	39
13/06/2016	Cancelled	Cancelled	8	10	11	25
20/06/2016	2	11	9	10	13	44
27/06/2016						
TOTAL	2	23	25	32	35	108

1b. PACES

Sports Development now had 239 new members signed up to PACES from 1st of May-to date, 231 members were within the target age range 18-74, 6 members were under the age of 18 and 2 members were over the age of 75. 40 of those members had been identified as at risk of CHD (chronic heart disease). 11 new members were at risk of type 2 diabetes, out of these, 25 members were at risk from both CVD and Type 2 diabetes. Sports Development now had 23 family members sign up to PACES within this

time period, and 140 new members signed up from the other group.111 of the new members have had a NHS health check.

142 of the new members heard about PACES from word of mouth, 13 from Health trainers, and 20 from posters, 17 from face book, 23 leaflets, 3 GP and 21 from website.

The new members were from the following wards in Peterlee:

9 from Acre Rigg

15 from Dene House

15 from Eden Hill

18 from Howletch

64 from Passfield

118 from outside of Peterlee including Horden, Easington and Blackhall.

1c.Partnership work

PACES staff were currently working in partnership with the Macmillan Centre delivering activity sessions. This is now subject for review. PACES staff deliver a meditation session once a week on a Thursday afternoon at the Macmillan centre in Peterlee Town Centre. PACES members were also able to attend this session. It's a great way to promote sessions at the Centre and also to promote PACES activities at the Pavilion. The outcome of this was for Macmillan clients to feel comfortable with PACES Instructors and to encourage clients to attend established PACES classes within Town Council facilities once they were well enough.

PACES staff were currently working in partnership with Make Your Move, Sport England which is lottery funded. PACES staff delivered a Body Tone Session once a week on a Wednesday morning. The outcome of this was to encourage new members to increase their physical activity levels and to prevent the on-set of type 2 diabetes etc. Members were asked to complete a registration form this allows the project to track their journey. Funders want to find out how many people were participating in the project and to find out what works and what doesn't work in delivering these projects.

1d. PACES Focus Group

Sports Development organised and facilitated a focus group meeting on Wednesday the 27th of April 2016 at 10.15 am, 37 members attended the group.

The idea of the focus group was to communicate with our members, as well as a way of gaining valuable feedback on how we could improve PACES. We also wanted to generate interest amongst our members in setting up a 'friends of ' group, at present PACES was not funded and was now solely

funded by Peterlee Town Council. There were many funding opportunities available for PACES, to which the Town Council were exempt from applying. A Friends of group would give PACES the opportunity to apply for more funding, enabling us to offer more to our members, getting members more involved with PACES and giving them a sense of ownership. The Town Council would benefit by being able to sustain PACES as well as expand activities on offer, thus providing an improved community service and increasing footfall with the Pavilion and Eden Lane.

We carried out a number of activities within the focus group, and a summary of the outcomes was as follows:-

Our members would like to be communicated with via: PACES notice board, a quarterly newsletter, motivational quotes on Facebook, and increased use of social media in general for up-to-date information and health challenges etc to increase motivation.

Members gave many suggestions on how we could further improve PACES. Members would like activity sessions to begin and end on time. They would like to see more PACES posters in public places and class timetables. Floor mats to be regularly checked and cleaned. Members regularly exercise with the use of the blue Pilates balls, some of these balls needed inflating. **Members had been struggling with the heat in the room and would like to have air conditioning.** Whilst all windows are opened in the main hall and the air vents are open, the room remains very hot during the summer months and some of our members suffer with hay fever.

We asked members if they feel we are providing the right intensity (how hard) within our sessions.

Members were happy with the intensity of the sessions and feel we catered for all their abilities. They also stated that Instructors are encouraging and motivating.

Our members were asked, what would you like PACES to offer in the future?

Members would like to have an exercise session on a Tuesday morning, five or ten minutes change over between classes, early evening classes, beginners sessions, intermediate sessions and a sharing group. The sharing group would encourage members to get together on a regular basis to participate in a number of social activity sessions which may include dance, singing, meditation etc.

Members were asked what their main reasons are for attending PACES, the responses are below:

• Keeping fit and socialising

- Improve arthritis
- Social interaction
- Enjoyment
- To keep joints and muscles supple and to avoid stiffness
- To improve fitness, learn new things and to meet other people
- Meet new friends and improve body
- Early retirement to keep active and meet new people
- To work out at my own ability good to have 3 levels of exercise intensity
- Keep fit get me out of the house and meet new people
- Body tone exercises help keep an 84 year old fit
- Help improve breathing and bad back

There were 18 members from the focus group who expressed an interest in forming a 'friends of' group.

1e. Junior Athletics

Numbers attending the Junior Athletics had increased over the last few months.

Chris Elliot; Physical Activity Officer from Durham County Council approached Sports Development about the possibility of setting up a session at The Pavilion for Sporting Chance participants. This was not possible due to lack of hall availability, so it was agreed that Chris would sign-post participants to our Junior Athletics session. Sporting Chance provides physical activity opportunities for families with primary aged children who were overweight.

1f. Little Dribblers (Football for 3-5 year olds)

All the sessions had been filled once more with children who were on the waiting list.

1g. Taekwondo

The last kup grading took place on Sunday 5th June in Darlington, and James Lambert; a student at Peterlee Koryo Taekwondo Club, was awarded best of grade.

The black belt grading took place in Spennymoor on Sunday 12th June and Peterlee student Abby Wood, was promoted to black belt. Abby is the youngest student at the Peterlee club to achieve her black belt.

1h. Ladies Running Club

17 members of Peterlee Ladies Running Club took part in and completed the Manchester Marathon on 16th April. It was the first marathon event for 13 of the ladies, and two of the girls qualified and took part in the London Marathon on Sunday 24th April.

1i. New Junior Running Session

A new junior running session had been set up and due to commence on Monday 4th July. The session was a closed group and had been set up to accommodate the young females who had come through the ranks from Junior Athletics and into the junior section of the Peterlee Ladies running group. The session would provide a progression pathway for the secondary aged females to enable them to improve their running techniques, focus on strength, speed and endurance. Participation in this session was by referral only, all enquiries to Sports Development.

OTHER ITEMS

Pitches

Pitch 2 will be used for the provision of 9v9 football from September 2016. The decision has been based on previous usage and current demand.

The sharing of this pitch between the two sports as suggested by Sports users previously was not possible due to the following reasons:

- Over lap of seasons (start and finish)
- Overuse of pitch with no maintenance window
- Show weekend possible damage to the pitch (to be taken into consideration)
- Decrease in staff numbers at the Parks department to cope with extra demands a shared pitch would create
- Increase in demand for small sided football pitches and general increase in demand for football pitches
- Decision made following review of pitch usage last season and demand for this coming season.

The minimum size for 9v9 football is 80 x 50 yards, which means only one 9v9 pitch can be marked out on a full sized pitch which is 110 x 70 (on average). Pitch 3 will remain a dedicated rugby pitch and pitch 1 will remain a dedicated football pitch with a 9v9 pitch marked out for this coming season.

A Local Member asked how many Teams could play on Peterlee's land and it was agreed this be included on the Parks & Cemetery agenda. The Sports Development Officer gave details on how the sports pitches were allocated and that the Town Council had received more requests than ever this year.

RECOMMENDED the allocation of sports pitches be considered in more detail at the Parks & Cemetery Meeting to be held on Monday 11th July 2016 with both the Sports Development Officer and Horticultural Supervisor in attendance.

Sports Awards

The Sport & Physical Activity Awards for East Durham & Sedgefield 2016 are now open for nominations. There are several categories for clubs and individuals to be nominated for and the closing date is 31st July. The event will take place on 24th September 2016. Further information on the categories was available from Sports Development.

4. USER GROUPS REPORTS

(ii) Cricket

Mr Simpson had offered his apologies to the meeting however he had sent a progress report. Fixtures were starting to come in with the first league game to be played on Saturday 30th April. A full schedule of fixtures would be sent in due course and a meeting would be arranged to discuss the arrangements for the cricket teas.

RECOMMENDED the information given, be noted.

(ii) Rugby

Mr Laverick was happy that a compromise and temporary solution had been suggested for the pitch usage, he did however ask if further consideration could be given to the use of the commercial kitchen on the first floor of the Pavilion by nominated persons, who held the necessary certificates for food hygiene, on match days. This could also be used as an avenue to raise extra funds for the Club. Mr Laverick reported the Teams were getting ready for the season and the rugby league development and increase in the number of youngsters getting involved in the sport was very positive.

RECOMMENDED advice be obtained from Durham County Council to see if the use of the kitchen could be extended to nominated persons within the groups using the building.

(iii) Football

Mr Reid reported he had four Teams and only one pitch so he was also hopeful at the proposed sharing of the middle pitch. He advised the weather had meant there would be an issue with catching up with games.

RECOMMENDED the information given, be noted.

5. RESOLUTION TO EXCLUDE THE PRESS AND PUBLIC IN VIEW OF THE CONFIDENTIAL NATURE OF THE FOLLOWING ITEMS TO BE DISCUSSED, THE COMMITTEE PASSED THE FORMAL RESOLUTION TO EXCLUDE THE PRESS AND PUBLIC FROM THE MEETING, PURSUANT TO THE PUBLIC BODIES (ADMISSIONS TO MEETINGS) ACT, 1960 & THE LOCAL GOVERNMENT (ACCESS TO INFORMATION) ACT 1985.

6. STOCK TAKE LICENSED PREMISES – THE PAVILION

Consideration was given to the stock report for the premises. It was suggested that perhaps a "rating" be applied to the wastage figure and it was asked if the stocktakers could do this. The Facilities Manager also reported on the current line cleaning system in place at The Pavilion and outlined the costs, he also gave details of an offer where a percentage of the Sky bill would be paid and progress with the sale of coca cola.

RECOMMENDED the report be accepted and the line cleaning system be removed from the Pavilion.

7. <u>PUBLIC BAR & SECURITY OF STAFF</u>

Both the Acting Town Clerk and Facilities Manager declared an interest in this item.

Councillor Cook expressed his concern for staff safety particularly when there were 18th & 21st Birthday parties. The Facilities Manager reported that he had taken appropriate measures in not allowing "teen" birthday parties,

whilst 18 years of age parties were still permitted. He reported staff were issued with a handbook on starting work with the Team and were given training and support on handling customers and potentially difficult situations. There was also a personal attack system system in place in the building. he did not feel door staff were necessary however the customer could be asked to hire in suitably qualified door staff for their function, alternatively the Town Council could hire door staff from its security provider, and pass the cost on.

8. DATE & TIME OF NEXT MEETING

RECOMMENDED the next meeting be held on Tuesday 6th September 2016 at 6.30pm.