



Peterlee

ISSUE 3
SPRING 2021

Your Community News from Peterlee Town Council



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Peterlee Unit 8 The Chare, Castle Dene Shopping Centre. Tel 0191 5872223

Specsavers



Mayor's Welcome

As the nights get a little bit lighter and the spring bulbs start to push their way through, I always feel that Spring is the season of new beginnings and hope, never more so than this year.



With the roll out of the Covid-19 vaccine and the promise that our lives may soon return to some sort of normality, we should remember the words of Sir Captain Tom Moore. He assured us that "We will get through it in the end, it might take time, but at the end of the day we shall be OK again...the sun will shine on you again and the clouds will go away"

Don't forget, we're always on the lookout for interesting photos or stories about Peterlee for future editions of your magazine, so please to get in touch if you have anything to share, or if you have any ideas for future content.

Welcome to the Spring edition of the Peterlee magazine!

Stay safe and well.

Kind regards,

Terry Duffy

Councillor Terry Duffy
Mayor of Peterlee



Your Letters

If you have any views you would like to share or if there are any poets or wordsmiths in Peterlee, please send your letters with your name and contact details to:

Peterlee Town Council, Shotton Hall, Peterlee,
Co. Durham, SR8 2PH or email council@peterlee.gov.uk

For editorial and advertising enquiries
please contact Lesley Palmer

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Foot Soak & Scrub
Includes Podiatry
Treatment & Foot cream

CALL NOW
07934 750686 or 07950 131877

Naomi Jessop BSc (Hons)
Podiatry



Going above & beyond



Doing things differently...

When its time to say goodbye, let us help you each step of the way to give your loved ones a heartfelt send-off. Beautiful unique personal tributes and fitting final farewells

Bespoke creations by our own Funeral Director, Julie Stout with over 25 years experience in marketing & production. From a simple traditional funeral to the ultimate final farewell, personally planned each step of the way with your loved one in mind, all at affordable prices.

Funeral Plans Available. Have a Funeral Plan already?

Did you know all Funeral Plans are transferrable? We can handle everything on your behalf, make an appointment for more information.

Reviews from the heart



"Delanoy Funeral Services couldn't have made Dave's journey home any better, the time and effort to make his funeral beautiful I can't thank you enough you have gone beyond anyone else. You even took the flowers with us to place on Dave's mam and dad's grave.

You gave us a memorable day thanks to modern technology we can look back on not in a morbid way, so thank you all again Julie, John & the team".

Pauline Bartell, Peterlee

"Clive and myself went through an extremely difficult time. The way you went out of your way to make sure our son David had the best possible send off that he deserved, and how you treated him with dignity and respect did not go unnoticed.

You were both so caring and all the personal touches were so greatly appreciated.

Julie the video tributes were so beautiful and touched so many people who did not know David they will be treasured forever.

Thank you from the bottom of our families hearts"

Clive & Janet Dent Trimdon



"As recognised by East Durham Business Magazine, Local Newspapers & BBC Radio Teesside for our work in the local community".

Funeral Directors John Delanoy & Julie Stout

Branches at Peterlee & Easington 0191 5181399 or 0191 5270265

delanoyfuneralservices.co.uk

A Walk with a View



Walking is one of the simplest forms of exercise. It can be a fun activity, is relatively accessible for many people, free of charge and good for your physical and mental health. Walking at any pace is a great way to improve your fitness, burn calories and reduce health risks associated with inactivity.

The Pavilion Sports & Community Centre on Helford Road is located next to Castle Eden Dene; one of the most picturesque and interesting natural areas of County Durham. This National Nature Reserve is a magical place full of legend and folklore, which has been left to spread and sprawl through this deep gorge for over 10,000 years. It is a site of Special Scientific Interest with its array of trees and wildlife including squirrels and deer.

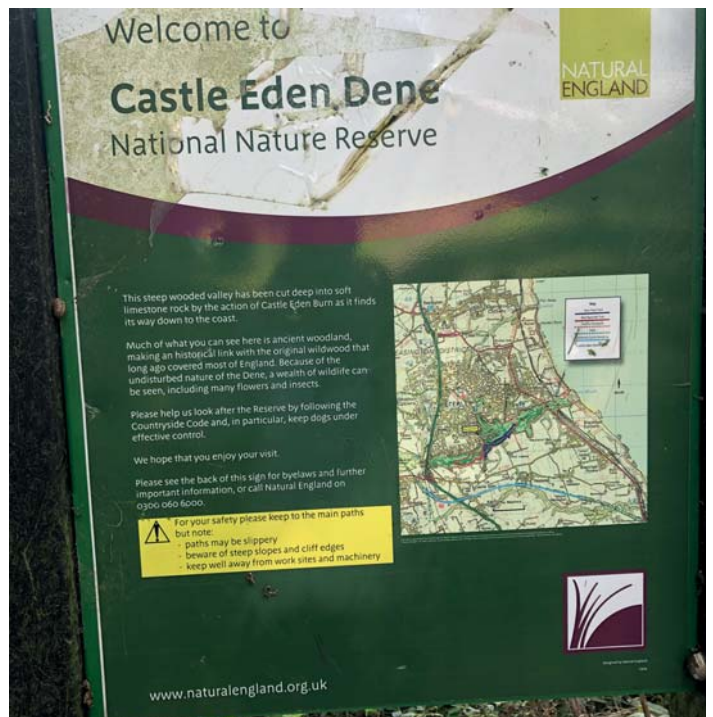
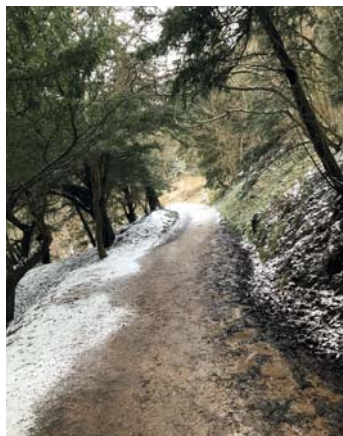
The Dene is the largest area of semi-natural woodland in the North East with its deep ravines, magnesium limestone and streams that run into the North Sea.

There are lots of interesting features to see along the way including Jacob's Ladder (locally known as Jakey's Ladder), the kissing frog stones, Devil's Lapstone, Gunners Pool, Devil's scar and more.

The Dene presents an ideal environment for exercising in the great outdoors and is popular with dog-walkers, runners and walkers alike, and it's right on your doorstep! There are several different routes to take in the Dene including the Squirrel Trail (1.8 miles) and the Yew Tree Trail (2 miles) all offering different levels of intensity from flat routes to more challenging routes with varying inclines, all with breath-taking scenery.

Would you prefer some company on your walk? If so, why not join our organised volunteer-led walk?

Peterlee Town Council deliver walks every Tuesday morning leaving at 10.00 a.m. from The Pavilion (weather permitting). If you





would like to join one of our walks, please ring Sharon or Elaine at the Pavilion to register and/or for further information on **0191 5869957**.

Due to Covid restrictions, places may be limited so

please ring in advance to book.

Why not join us for a nice cuppa after your walk? The Pavilion boasts a fabulous refurbished Café & Bistro, FUNK-A-DELI.



Calling all Walkers

After your walk come & take advantage of **1 FREE Cuppa** (per person) from



Funk-a-deli Cafe & Bistro

at Peterlee Pavilion, Helford Road

(You have a choice of either - Yorkshire Tea, Latte, Cappuccino or Americano)

Takeaway or enjoy in our newly refurbished Cafe & Bistro

Try out our brand new Menu to satisfy your hunger after that walk.

You can even pre-order by calling our Team on **0191 5869957**

Redeem your voucher by 30th June 2021

Peterlee Walking Club



Peterlee Walking Club has been active for over 40 years. We are so lucky to be bordered by Yorkshire, Northumberland and Cumbria to enjoy walks as well as our own beautiful Durham too.

During COVID restrictions our members have been taking advantage of their local areas. We have a fantastic coastline with stunning views and Castle Eden Dene with its SSSI status, history, folklore and natural beauty.

No matter how many times you visit there is always something new to see. Both areas can be accessed from various points. There is literature in libraries (at the moment closed) and online to find routes and information about these areas.

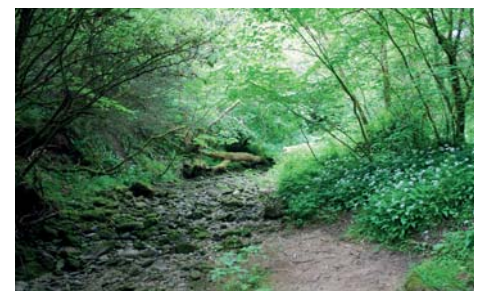
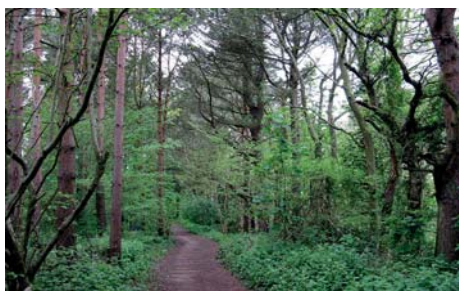
People walk for many reasons with the club, exercise, social, health, nature and mental wellbeing for example. It is important to us that our members keep active even though we can't walk as a group yet. We have a Facebook group 'Peterlee Walking Club' and folk post about their local walks with photos. Our secretary keeps people up to date with

any news via emails. We have also in the past walked from Seaham, Hawthorn, and Cassop for example. New people are always welcome to join us. More

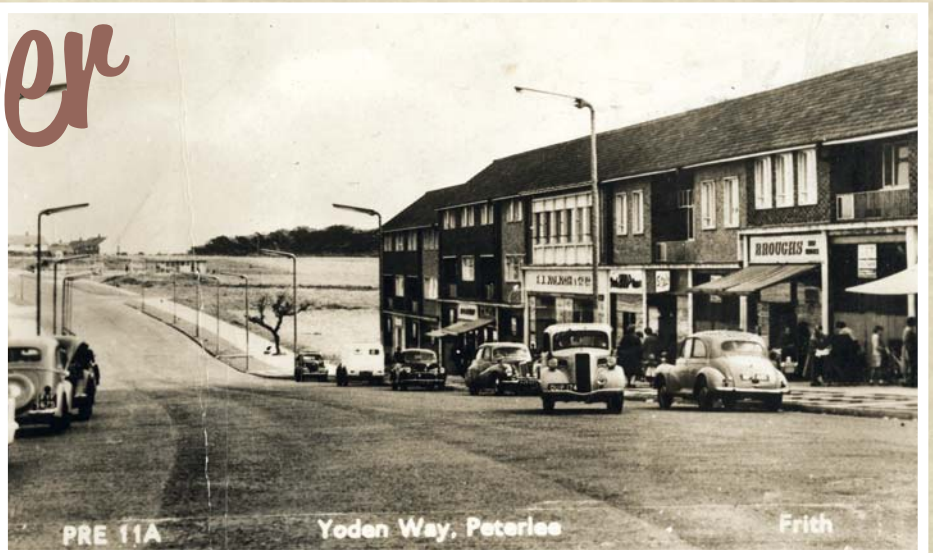
information can be found on the Facebook group or by contacting Vicki Lee on v.lee100@btinternet.com



Peterlee Walking Club (photo taken before pandemic)



Remember When



PRE 11A

Yoden Way, Peterlee

Frith



PRE 44. DART ROAD, PETERLEE.

Dart Road,
Peterlee 1970s
(Durham
County Record
Office D/CI
5/1799)

Yoden Way, Peterlee 1950s
(Durham County Record
Office Pete0005)

If members of the public
would like to get in touch with
their photographs, please
contact Lesley Palmer;
email:
lesleypalmer3@sky.com
01642 760700
07737 739583

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PETERLEE: 14 Yoden Way, Peterlee, SR8 1BP.
Tel: 0191 586 5711

DURHAM: Gilesgate House, 94 Gilesgate, Durham,
DH1 1JA. Tel: 0191 3830111

WINGATE: Gladstone Chambers, 6 Gladstone Terrace,
Wingate, TS28 5DA. Tel: 01429 838225

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DURHAM: Gilesgate House, 94 Gilesgate, Durham,
DH1 1JA. Tel: 0191 3830111

WINGATE: Gladstone Chambers, 6 Gladstone Terrace,
Wingate, TS28 5DA. Tel: 01429 838225

www.tmjlegal.co.uk



Funk-a-deli café & bistro and Pavilion update

Have you checked-out The Pavilion Sports & Community Centre yet? Located just off Helford Road in Peterlee and flanked on two sides by the beautiful Castle Eden Dene, the venue has ample free car parking and is surrounded by green open space. The Pavilion is certainly worth a visit and you'll find a friendly greeting from our small team of staff and a wide range of activities to get involved with.

The Pavilion is home to lots of sports and community clubs. We are proud to be the home of Peterlee Cricket Club and from late April 2021 you can come down and watch your local team play against the best in the county while you enjoy great food and drink at the newly-refurbished Funk-a-deli café & bistro. For any budding (or lapsed!) cricketers out there, the club field at least 3 teams a week including a thriving junior section and they're always happy to welcome volunteers and aspiring players.

We are also home to Peterlee Helford Football teams who play fixtures in the Russel Foster league on the surrounding grass pitches and hold junior coaching on our newly refurbished Multi Use Games Area. Our MUGA is available for hire for juniors or adults and we also have a Teqball table for those who want to try out their

ball skills in a giant football version of table tennis!

The outdoor space is unrivalled in Peterlee for walking and running and routes into and from the Dene (editor's note: see our article in this edition on A Walk with a View and the information from Peterlee Walking Club!). We have two running clubs for adults and juniors and regularly organise Couch to 5K running programmes. As the COVID restrictions continue to lift through 2021 we are looking to open up the Funk-a-deli Bistro for specific dog-friendly days – watch this space and social media for more information about these events.

The Pavilion is the base for Peterlee Town Councils Health and Wellbeing Service with the PACES (Peterlee Active Community Exercise Scheme) weekly programme of exercise and social activities.

If a more leisurely approach takes your fancy then we have a friendly Indoor Bowling Club that meets twice a week and welcomes new members, or if you're a bit crafty why not get involved with our Quilters or Crafting sessions.

We have several thriving junior clubs and sessions at the Pavilion including junior athletics, Little Dribblers football coaching,

Taekwondo, Judo and the Greenhaff Dance School. Just give us a call on **0191 5869957** for more details on any of these activities.

Once the COVID rules are relaxed around indoor activity and social distancing the Pavilion will be able to offer rooms for hire for functions and social events again, big or small.

Funk-a-deli café & bistro

Coming soon to the Pavilion is our very newly refurbished Funk-a-deli café & bistro. It is the place to be for delicious food made on the premises using locally sourced ingredients. Our speciality jacket potatoes and artisan paninis can be washed down with our special Funk-a-deli rainforest alliance certified coffee that is proudly roasted right here in County Durham. Whether you're a Latte Lover, a Cappuccino Queen or a Flat White Freddie then let our trained baristas make you a coffee that you'll remember. Hey, and why not treat yourself to a homemade lemon tart or a slice of chewy granola while you're at it?!

Watch out for our official launch date, menus and special offers on social media soon!

The Pavilion, 1 Helford Road, SR8 1ER





PACES
Health & Fitness

during LOCKDOWN

Have you ever wondered what zoom is all about?

Well let us share with you what zoom looks like and how to access it.

Peterlee Town Council's Sport and Wellbeing staff have continued to engage with PACES members by delivering exercise and wellbeing activities via Zoom; an online audio and web conferencing platform. Zoom has become a central part of everyday life during the pandemic for many people. The sessions delivered on a weekly basis are keeping participants physically and mentally active.

Through the magic of the screen, you can participate in PACES activities on a regular basis. There are 11 sessions provided over 5 days of the week, including a daily exercise session, two Chi Kung (Tai Chi) sessions, and a weekly coffee morning and crafts afternoon. There is a 'Food for Thought' session to join to discuss eating healthily, get support on making small changes to eating habits, and sharing information on nutrition.

Keeping our minds and bodies active through the magic of the screen



So, what are the benefits of participating in on-line Zoom sessions?

- You can do the activities in the comfort and safety of your own home
- You can interact with other like-minded people
- You do not need equipment to participate
- You could even do the activities in your pyjamas and we would not notice!

Joining our zoom sessions is easy, for further information, ring The Pavilion on **0191 5869957** Monday - Friday between 9.00 am - 4.30 pm

When the Lockdown eases and the rules allow, PACES sessions at the Peterlee Pavilion will resume. We can't wait to welcome everyone back and hope to meet new members!

PACES sessions will be advertised on Peterlee Pavilion and PACES Facebook pages, so please give us a follow and share with your family & friends.

Here are some testimonials from a few of our regular PACES participants

"Sharon and Elaine are the reason that I've been able to get out of bed on a morning throughout the last ten months feeling so invigorated and ready for the fantastic workouts. They're not just Instructors but two very special people and friends who care about each and everyone of us, who make a point of knowing all of our ailments, capabilities and creaking joints so that we enjoy and get the best out of all of our classes. Thank you both so much - you're amazing xx"

Sharon & Elaine are like GOLD to all our PACES members! our friends! They have done so much for all of us and do anything they can to keep us fit and well, a big part of our lives especially now in lockdown! We all think the world of you both! Thankyou girls for all you do for us all!

Using zoom is easy, you just need a device; laptop, computer, ipad or up-to-date mobile phone, to enable you to download the zoom app. You also need an email address to receive a link to the sessions. Once setup, you just click on the zoom icon, enter the meeting ID and passcode for the session you want to take part in and that is it!

PACES WEEKLY ZOOM ACTIVITY TIMETABLE

| Class/Session | Day | Time | Description |
|------------------------|-----|---------------|--|
| Circuits | Mon | 9.30 - 10.15 | Exercises performed with short rest periods in between for a set time or for a set number of repetitions. Exercise adaptations can be made to suit all abilities. |
| Meditation/Relaxation | Mon | 1.30 - 2.00 | Relax your body & free your mind. Experience a sense of calm, peace & balance, enhance your physical and emotional wellbeing by relieving stress and helping you to re-focus. |
| Quick Fix Exercise Mix | Tue | 9.30 - 10.00 | Get your day off to a positive start with a quick 30-minute exercise session. This session enables you to work at your own level making it ideal for all abilities. |
| Coffee Morning | Tue | 10.00 - 11.00 | Peterlee's answer to Loose Women! Join Sharon & Elaine for a good gossip, plenty of laughs, and discussions on all sorts or topics. Helping the community to stay connected. |
| Body Tone | Wed | 9.30 - 10.15 | Low impact exercises to improve muscle tone and body shape, helping you to burn fat and shape up in style. |
| Food for Thought | Wed | 1.30 - 2.30 | Information and support session about food and factors affecting eating habits. Healthy eating tips and advice to help you modify your food choices. |
| Aerobics | Thu | 9.30 - 10.00 | An easy to follow routine with low impact moves to help improve your cardio fitness, burn fat, and improve your general health and fitness. |
| Chi Kung (Tai Chi) | Thu | 10.45 - 11.30 | A form of gentle rhythmic exercises composed of repetitive movements. Chi Kung is an energy workout that promotes the flow of energy around the body. Can be performed seated or standing making this session ideal for all abilities. |
| Craft Afternoon | Thu | 1.30 - 3.30 | An opportunity to socialise while completing your own craft activities in the comfort of your own home. |
| Body Tone | Fri | 9.30 - 10.15 | Low impact exercises to improve muscle tone and body shape, helping you to burn fat and shape up in style. |
| Chi Kung (Tai Chi) | Fri | 2.30 - 3.15 | A form of gentle rhythmic exercises composed of repetitive movements. Chi Kung is an energy workout that promotes the flow of energy around the body. Can be performed seated or standing making this session ideal for all abilities. |



Acre Rigg Ward

Celebrating where you live!

CALM in East Durham CIC

Christmas this year was a challenge for many of us, especially with the thought of spending more time at home again. So the team at CALM decided to run a “Home-made Christmas project” for 10 weeks, which started first week in October.

The aim of the program was to create home-made Christmas presents not just for the group and their families, but also to offer some gifts out to our community. Over the course of the project, our Arts & Craft, sewing and Mens crafting groups set themselves a target of supporting 40 households in our local area over Christmas. Their final tally was much more.

Just before Christmas, they sent some of their team, along with Councilor Steve Miles, out with 23 hampers of Christmas treats, home-made gifts and cards to pensioners living near to our centre. The response from the local residents, who were not expecting it, was amazing and CALM is looking forward to seeing them again at their centre when restrictions are lifted.

They called into Acre Rigg Primary with 20 ‘Night before Christmas’ hampers for Mrs Craggs to give to some of her children, along



with Food Hampers for 12 families. The children’s hampers contained a hand-made Christmas Stocking, Night before Christmas story, sweets, hot chocolate, crafting items, small toys and an orange.

Their team of crafters worked hard to also produce 25 hampers for Peterlee Town Council’s SANTAS WISH campaign and created crafting aprons, make-up bags, hats, toys, and donated a wide variety of art and craft resources. They donated 26 gifts of lavender eye pillows, journals and pamper bags to the nurses at University Hospital of North Durham

to thank them for their hard work in such a hard year. To show their appreciation to all their members, the management team delivered an Afternoon Tea and crafting pack to 32 members and had a great Christmas party on Zoom which was enjoyed by all. A great end to a challenging year.

Coming up for 2021

CALM in East Durham continue to offer a wide range of activities and is open to all our community. During current restrictions, their activities are held on ZOOM, however, once it is safe to do so, all activities will return to the Venue on Lowhills Road.

In March they are anticipating the launch of the Spring Garden program which will welcome participants to get involved in preparing their grounds for the summer with planting and developing the veg garden and contemplation walk. Please contact them if you would like to get involved. They are also looking for local men to help them build and create the outdoor area as part of their Men only programs.



Current Timetable of activities

To get involved, please contact CALM on Facebook @ Calm Cic or email Calmineastdurham@gmail.com

| | Morning | Afternoon | Evening |
|-----------|--------------------------|------------------------------|---------------------------|
| Monday | 10.30 Chi Kung | 2.00 Social Read | |
| Tuesday | | 1.00 Sewing | 6.00 Meditation 7.00 Yoga |
| Wednesday | 10.30 Yoga for beginners | 2.00 Man-craft | 7.00 Yoga |
| Thursday | | 2.00 Art & Craft | 7.00 Meditation |
| Friday | 10.30 Chi Kung | | |
| Weekend | Book Club review Monthly | Bring Ya Thing - Alt Sundays | |

The students from Engage, (East Durham College), along with the Parks Department Team, Peterlee Town Council enjoyed the task of supporting in the community and took great pride in the job they performed and excitedly reported back to staff, peers and parents.



Former Army Sergeant takes top job at Peterlee care home

A FORMER Army sergeant has taken the top job at a Peterlee care home – after a career switch inspired by his ill nanna.

Dan Rigden has been appointed home manager at Bannatyne Lodge Care Home, on Manor Way, in a culmination of his nine-year career in care after leaving the armed forces in 2012.

He was inspired to pursue adult nursing after taking responsibility for his nanna's care while still serving in the Royal Electrical and Mechanical Engineers corps – where he rose to the rank of sergeant.

He started as a home carer before becoming a care coordinator, where he successfully lobbied Durham County Council to increase the time that home carers could spend with those they cared for.

He then achieved a degree in adult nursing and mental health from Northumbria University while also working in the NHS during his studies.

After graduating, Dan became a deputy manager at a North East care home, later



Dan Rigden, home manager at Bannatyne Lodge Care Home

being promoted to support manager for numerous homes across the region.

Dan joined Bannatyne Lodge as home manager at the end of 2020 and has

enjoyed getting to know all of the residents, learning about their families and lives before coming to live at the home.

He said: "Before I left the Army, my nanna became poorly and although there were carers visiting her I didn't feel she was getting the care she deserved.

"I looked after her myself while holding down a full-time job but decided to change my career to see if I could make a difference in the care that was being offered to frail, elderly people, hoping to bring empathy and more resources.

"I love interacting with residents, learning about their history, and the stories they have to tell are fascinating. It's a gift to be able to listen to them share their heritage, which is so important in our busy lives.

"The pandemic has highlighted the care sector and shown everyone the vital work that is done by care home staff, as well as raised awareness of their dedication and love of the people they care for."

Dozens of snacks delivered to Peterlee key workers

PICNIC hampers full of delicious homemade treats were delivered to key workers by staff and residents at a Peterlee care home.

Over a hundred sweet and savoury snacks were sent out by those living and working at Bannatyne Lodge Care Home, on Manor Way, for Random Act of Kindness Day.



The home's kitchen staff made 24 mini-quiches, 12 fruit scones with jam, 24 sandwiches, 32 sausage rolls, and 24 corned beef pies, assembled into six hampers by residents Joyce Lewis, 86, and Cynthia Tommon, 79.

The hampers were then dropped off at the William Brown Medical Centre, on Manor Way, East Durham Medical Group, on Thornley Way, Peterlee Community Hospital, O'Neill Drive, and Blackhall Community Health Centre, Hesleden Road, Blackhall.

A hamper was also given to the ambulance team who picked up a discharged resident from the care home to take them home.

Dawn Minto, activities coordinator at Bannatyne Lodge Care Home, helped deliver the hampers.

She said: "It's nice to know that we're giving something back to our colleagues in health care that are in a similar position to our carers and nurses.

"We wanted to show our appreciation for all of their support during the pandemic and Random Act of Kindness Day seemed like a good opportunity."

For more information contact Bannatyne Care Home manager Dan Rigden on **0191 586 9511** or email bannatynelodgemanager@hillcare.net.





Bannatyne Lodge Care Home

Providing the highest possible standard of residential and dementia care, our well-established team are friendly and trained to deliver the best possible care. Before a person comes to live at Bannatyne Lodge we meet with them and do an individual assessment, once in our home we create individualised care plans that enable us to get to know our residents, their needs, likes and dislikes.

...Creating communities and improving quality of life

Warm and welcoming with dedicated staff, Bannatyne Lodge Care Home offers a range of care choices, including;

- Nursing • Residential • Short stay & long stay respite • End of Life



Manor Way, Peterlee,
County Durham, SR8 5SB
Tel: 0191 586 9511
Email: Bannatynelodgemanager@hillcare.net
www.hillcare.net

find us on:



We're #readytotalk when you are

Lockdown has affected us all differently. If you need help, call.



GamCare National Gambling Helpline
0808 80 20 133

SAMARITANS Talk to us, we'll listen
116 123

Refuge National Domestic Abuse Helpline
0808 2000 247

Cruse Bereavement Care Support and advice when someone dies
0808 808 1677

Find another helpline via
<https://helplines.org/helplines/>

Live in Peterlee? Citizens Advice is still open for help

Our adviser is taking calls while you are unable to come to the office

If you need benefit, debt, housing, employment or any other advice, please call us on **07590 359573**

OR

alternatively email us on:
outreach@citizensadvicecd.org.uk
and we will call you back



County Durham



How your Town Council Elections work



How does Peterlee Town Council work?

Peterlee Town Council is the local council for our town and spends well over £2million a year on maintaining our parks and play areas, cemetery, town events and activities such as the Peterlee Show, Bonfire Night Fireworks display, and public facilities such as Shotton Hall and The Pavilion Sports & Community Centre on Helford Road. The Council also provides grants, donations, and other forms of support to local community groups. But how does it work, and who is involved?:

22 Councillors (also called Elected Members) are voted into office by you, the electors of Peterlee. They make decisions at Council meetings, they set the annual budget and the main policies that the Council operates under and also agree the events and activities that the Council puts on throughout the year. Elected Members are elected for a term of four years and any vacancies that occur between the main elections are usually filled through by-elections.

Members are not employees of the Council and do not get paid a salary, but they do receive an annual Members' allowance to help with costs associated with their role. Councillors work to an agreed Code of Conduct and are required by law to register their 'disclosable pecuniary interests' which are published on the Town Council and Durham County Council's website.

The Council Chairman / Town Mayor is one of the 22 Councillors and a new Chairman/Mayor is nominated and elected at the council's Annual Meeting in May of most years. Their main role is to preside over Council meetings and to act as the ceremonial figurehead of the Council.

The Clerk is the most senior council employee, and his main roles are to advise the Council on legal and procedural matters, to implement the Council's policy and budgetary decisions and to be responsible for the day-to-day operation of the Council.

Around 50 members of staff are employed by the Council to deliver public services across a range of departments including Parks & Cemetery, Sports &

Wellbeing, Facilities, The Pavilion, and Corporate & Democratic Services.

When local elections are held

Peterlee Town Council elections are normally held every 4 years on the first Thursday in May. 2021 is an election year with the elections due to be held on 6th May 2021, with the next elections being held in May 2025.

Have your say

Peterlee Town Council spends over £2 million of Peterlee tax-payers money each year in and around the 5 wards of Peterlee. Voting for your local Councillors gives you a direct opportunity to choose your representative for the ward you live in and helps you to have a say in how that money gets spent, and where it gets spent.

In the last elections in 2017 approximately 1 in 4 eligible voters cast a vote in the local elections in Peterlee.

Peterlee's 2017 Election Turnout

Peterlee Population for those of voting age in 2017: 15,191

| Ward | Population | Votes | Turnout (%) |
|------------|------------|-------|-------------|
| Eden Hill | 2732 | 505 | 18.48% |
| Passfield | 3500 | 981 | 28.03% |
| Acre Rigg | 3676 | 906 | 24.64% |
| Howlatch | 2554 | 587 | 22.98% |
| Dene House | 2729 | 786 | 28.8% |

VOTING
COUNTS

REGISTER TO VOTE

ELECTIONS
TAKE
PLACE 6TH
MAY 2021

Registering to Vote

Residents in County Durham are being urged to ensure they are registered to vote ahead of local elections this year.

County and parish council elections are due to take place on 6th May 2021, along with the election of a new Police,

Crime and Victims' Commissioner for County Durham and Darlington.

Durham County Council are already preparing for the elections, and in January wrote to residents across the county to ask them to confirm that the

details held for them on the electoral register are correct. They are also ensuring that measures will be in place to accommodate any coronavirus restrictions that may impact on polling stations and count venues.

Who can register?

You can register to vote in the UK if you are both:

- 16 years or over (but you will not be able to vote until you are 18)
- a UK citizen (or an Irish, EU or Commonwealth citizen with a permanent UK address)

Change your details

You can also use the service to:

- change your name, address, or nationality
- get on or off the open register

To do this, you need to register again with your new details (even if you're already registered to vote).

Why should I register?

You need to register to be able to vote in elections and referendums. If you're not registered to vote, you don't get a say in who represents you, or how things are run.

Being on the register helps build your credit rating which could give you access to better smartphones, cars, rent or mortgage deals!

The electoral register

When you register to vote, you are added to the electoral register. We keep two registers - the electoral register and the open register.

The electoral register (full version)

Everyone's name and address go on the full version of the electoral register. The full version of the register is only used for:

- elections
- preventing and detecting crime
- checking applications for loans or credit

The open register (edited version)

This is an extract of the full version, but it is not used for elections. Anyone can buy a copy of this, and it's often used by businesses and charities to confirm name and address details.

You can opt out of the 'open register' - and this will not affect your right to vote. To remove your name from the open register, on electoralservices@durham.gov.uk

Ways to vote

Once you're registered, you can:

- Vote in person
- Apply to vote by post
- Apply to vote by proxy (a proxy is someone who votes on your behalf)

Apply for a postal vote

As part of the measures to accommodate any coronavirus restrictions that may impact on polling stations and count venues, Durham County Council are encouraging people to think about applying for a postal vote so that they do not have to attend a polling station.

To apply for a postal vote, simply complete and return the form you received in January or visit 'Apply to vote by post':

<http://www.durham.gov.uk/postalvote>

For more information, call 03000 261 212 or email electoralservices@durham.gov.uk

DID YOU KNOW?

Postal Voters in UK local elections are more than twice as likely to vote.

POSTAL
VOTER
TURNOUT
65% - 90%

ON THE
DAY
TURNOUT
10% - 40%


Got a question?
Get in touch and
we'll be happy to
help



Write to us at:
Peterlee Town Council
Shotton Hall
Peterlee
Co. Durham
SR8 2PH



(0191) 586 2491



council@peterlee.gov.uk



@PeterleeTownCouncil



www.peterlee.gov.uk

Make your own Easter bonnet

Easter Bonnet: a paper plate becomes a beautiful bonnet.

You'll need: paper plate, assorted paper, two straws (optional)

1. If you're painting the plate, get your kids to do it now and leave it to dry.
2. You need to do the next bit, but once this is done you can leave them to decorate it...
3. Cut a spiral from the edge of the paper plate into the middle.
4. If you have two straws, you can use them to prop up the middle of the plate (hat). Just tape them to the brim and direct them inwards so they meet in the centre.
5. Now your child can decorate the hat with stickers and paper eggs, chicks and flowers.

There you have it - a cheap (cheep) and quick way to make a bonnet.



Other ideas to make at home



Fork Painted Chick



Hand & Footprint Chick



Rice filled no sew sock bunny

Easter Egg Potato Stampers



Toilet Roll Spring Animals

Spring Quiz



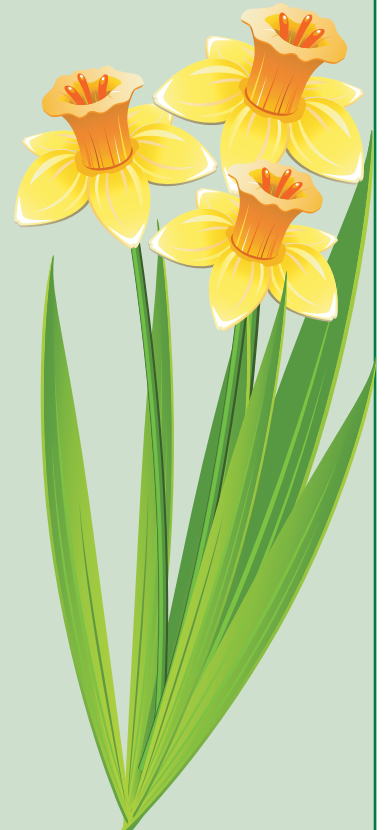
1. What is the French word for spring?
A) Printemps
B) Enfance
C) Orne
2. What name is given to the Sunday before easter?
3. What name is given to the first day of spring when day and night are the same length?
4. In what month does Spring start in Australia?
5. According to the UK Met Office, on what day does Spring commence?
6. Who is the Roman Goddess of Spring?
7. What do we in the UK call the vegetables known as scallions in the US?
8. Who painted the large tempera painting known as "Primavera" (Spring)?
9. What kind of animal is a springbok?
10. On what day are hot cross buns traditionally eaten?

Answers: 1. Printemps 2. Palm Sunday 3. Vernal Equinox 4. September 5. 1st March 6. Flora 7. Spring Onions 8. Sandro Botticelli 9. Antelope 10. Good Friday

Spring Word Search

Find the words below in the grid to the right:

- | | |
|-------------------|--------------|
| APRIL | JUNE |
| APRIL | MAY |
| FOOL'S DAY | MELT |
| BLOOM | MOTHER'S DAY |
| BUD | NEW LEAVES |
| BUDDHA'S BIRTHDAY | PLANT |
| CHERRY BLOSSOM | SEED |
| CROPS | SHOWER |
| DAFFODIL | SPROUT |
| EARTH DAY | THAW |
| EASTER | TULIP |
| FARMER | WAKE UP |
| FLOWER | WARM |
| GROW | |



Spring Bake Recipe - Cream Egg Scotch Eggs

Ingredients

- 6 Crème eggs
- 300g milk chocolate

Cake Mixture

- 175g softened unsalted butter
- 175g caster sugar
- 4 medium eggs



- 120g self-raising flour
- 1tsp baking powder
- 60g cocoa powder

Buttercream

- 120g softened unsalted butter
- 120g icing sugar



Method

1. Preheat oven to 160 degrees Celsius (gas mark 3) and grease or line an 8 inch (20cm) cake tin.
2. Cream the butter and sugar. When light in texture, add the rest of the cake mix ingredients - remember to sieve the flour and cocoa powder to reduce clumps. If the batter is too thick, add a splash of milk.
3. Pour the mixture into the cake tin, spreading evenly. Place in the oven and bake for around 25 minutes, until the cake is firm and springy.
4. Take the cake out of the oven and allow to cool for 15 minutes.
5. Once the cake is cooled, remove from the tin and crumble in a food processor until it resembles breadcrumbs.
6. Add the remainder of your softened butter, icing sugar and cocoa, mixing until a firm dough is formed (similar to shortcrust pastry).
7. Take handfuls of the dough, encase each Creme Egg and roll into fist-sized balls.
8. Place each egg on to a tray covered with baking paper, pop into a fridge to chill.
9. While the dough balls are cooling, grate 100g of chocolate into a bowl. Melt the remaining 200g of chocolate in a bowl over a pan of hot water, or in a microwave, until lumps have melted.
10. Once firm, take your dough balls out of the fridge and dip into the chocolate mixture. Roll the eggs in the grated chocolate, covering the entire surface, and place back on to cooling tray.
11. Cool your Scotch Creme Eggs in the fridge for 10 minutes and serve.



Easter Egg Cheesecake



Ingredients

- 3 Easter Egg Shells (1.5 medium Easter eggs)
- 100g Biscoff biscuits
- 25g unsalted butter melted
- 340g cream cheese
- 50g caster sugar
- juice of half a lemon

- 0.5 tsp vanilla extract
- 200 ml double cream
- 50g dark chocolate melted
- Easter treats for topping



Method

1. Blitz the Biscoff biscuits in a food processor or put them into a ziplock bag and bash them up with a rolling pin. Melt the butter in the microwave (this takes about a minute) and pour it into the crushed biscuits and mix well.
2. Use a sharp knife to cut the Easter eggs in half.
3. Add the biscuit mixture inside the Easter eggs, filling them about a third of the way. Press the mixture down and smooth it gently with the back of a spoon. Put the eggs into the fridge while you make the filling
4. Put the cream cheese and caster sugar into a mixing bowl and beat well. You can use a handheld electric whisk or beat it by hand. Pour in the lemon juice and vanilla extract and beat together. Next, pour in the double cream and beat until the mixture thickens
5. Set aside a third of the mixture. Melt the dark chocolate in the microwave and pour it into the cheesecake mixture beating well until fully incorporated.
6. Take the Easter eggs out of the fridge and fill them with cheesecake mixture. Smooth the top with the back of a spoon. Put the cheesecake filled easter eggs back into the fridge for an hour.
Add the toppings to your Easter Egg Cheesecake and serve.



Howletch Lane Primary School



A Bug's Life...



Howletch Lane Primary School in Peterlee have been creative and having lots of fun with their science curriculum. In Year 2 the children have been learning about animal habitats. In January, they looked at microhabitats and why they are important for our minibeasts.

Minibeasts need places to shelter, lay their eggs, raise their young and find a

safe place to hide from predators. They can be made at any time of year, Autumn is a good time, as they might start to look for a space to hibernate and there are lots of fallen leaves about to provide shelter. Due to the cold weather forecast, the children used what they could find in the school grounds and some old food cans to build their Bug hotels.

Everyone involved with this project had a great time, whilst learning at the same time.

Thank you to Howletch Lane Primary for sharing these brilliant photographs.



Top Tips from the Parks Team

SEED PLANTING: February/March/April & May

Thank you for checking out the Gardener Guru's Top Tips to help all you green-fingered enthusiasts out there! Hopefully, these tips will teach you how fun and enjoyable gardening can be! More so than ever gardening is becoming a popular choice as a hobby and one of the healthiest hobbies you can develop.

In this issue we are going to be concentrating on planting seeds. We are going to be planting our own in the greenhouses at Woodhouse Park and will share with you their progress. Give Peterlee Town Council's Facebook page a follow, to check out the 'How To' videos for each

stage, tell a friend or family and please share.

- For seed planting you will need –

A seed tray, if you do not already have one, they can be found in your local garden centre, and some supermarkets.

Compost for planting the seeds. A seed compost would be a better compost to use as it is finer than your multipurpose compost making it easier for your little seedlings to grow through and good for drainage. Do not worry if you are unable to make it to the shop, if you already have a bag of multipurpose compost, you can still use what you have.

- Time to start planting your seeds - Always check the packet to see when to plant them. Be aware that the information covers all of England and it is colder here than down South.

Check how to plant them, some like to be left on top in the light, some like a thin layer of soil over the top. Word of warning; do not plant your seeds outside in the wind, they may not land in the tray!

- Most importantly, water after you have planted your seeds. Either keep your newly planted seeds on the windowsill inside your house or in a heated greenhouse. If planted on a window sill, make sure you turn the tray around each day once the seedlings appear. This will stop them growing to one side and becoming leggy. No one wants a leggy plant! Also do not forget to label your seeds, I have made that mistake before and it becomes a guessing game for a while.
- Now watch and wait till your seedlings appear. It is truly the most exciting part. When your seedlings have 2 sets of leaves you will need to 'prick them out'. This involves moving them very carefully out of the tray and into their own small pot. Do not handle the seedling by its leaves, you will need to gently dig around your seedling and remove with the roots intact. Then place into a new pot with compost.

If you have any questions you would like to ask about gardening, please email your questions to: council@peterlee.gov.uk and the Gardening Guru will be happy to answer.



Garden Guru

TOP TIPS FROM THE PARKS TEAM -

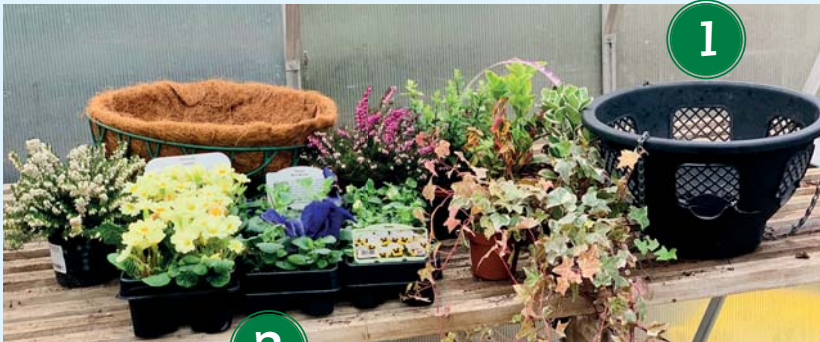
EMAIL YOUR QUESTIONS TO: [COUNCIL@PETERLEE.GOV.UK](mailto:council@peterlee.gov.uk)

How to Plant a Hanging Basket

Step by Step Guide

Start planting summer hanging baskets from April onwards. Winter hanging baskets should be planted in September and October.

GARDENING GLOVES AT THE READY...



1

Items you will need for your hanging basket

- Lined hanging basket (the bigger the better) or plastic one
- Terracotta pot or bucket
- Scissors
- Multipurpose compost
- A selection of plants - (Choose a mix of trailing and upright plants – geraniums, begonias, sweet peas and petunias work well. Petunias and trailing lobelia together will make an impressive statement.)

2

When creating your basket, prop it on something to make it easier to fill.



3

If you are planting a wire framed basket, first line with moss. Fill the basket half full of a multi-purpose compost.



4

Start planting. Hanging baskets are typically planted with a bottom trailing layer for wire baskets, then for all baskets an upright centre plant and 3 or 5 smaller plants around the sides – three or five is pleasing to the eye! Make sure the plants are well watered before planting. When adding your plants, carefully take them out from their tray. Be careful not to damage the root system. To properly remove, either push your finger through the bottom of the tray or cut the tray.



5

Once all the plants have been added, add compost to fill to the top of the hanging basket, leaving an inch to prevent the water pouring over the sides.



6

Water the hanging basket thoroughly using a watering can or something similar.



7

Hang the hanging basket on a good sturdy hanger attached to fences or walls. Rotate the basket so that it's best side faces out.

Don't forget!

Remember to keep them moist, but not soggy. In the summer it's important to check baskets every day and water unless the compost is wet. Hanging baskets can still dry out during rainy spells.

COVID HEROES



Who would have thought back in early Spring of 2020 that we would all face such challenges for the next year?

Most of us have had a tough year. We've lost loved-ones, we've missed celebrations, we've missed time with our friends and families, planned holidays, live music and the ability to connect and socialise with the people that we care about. Things we possibly used to take for granted, and may never take for granted again!

But despite all the gloom and doom, this year has brought out the very best in our neighbours and friends and the communities we live in. Random acts of kindness, support groups, volunteers, good neighbours, new friends.

For next edition of the Peterlee Magazine in July 2021 we want to celebrate our local COVID heroes. If you have a story to share and would like to nominate a local hero, then please get in touch and let us know who you would like to nominate and why, by no later than 4th May 2021.

Here are three nominations that we've already received via the Town Council's Facebook page. We're sure that there are many more out there, so please don't be shy and do let us have your nominations so that we can recognise your Hero in the next edition of the magazine.

Nomination:
Karen Hawley

I and many others in my area would like to nominate Karen Hawley for the Lockdown Hero Campaign.

Karen has been relentless in her help and support to the community and it's many residents over many, many months. She has been leaving her home early in the morning and sometimes not returning until late and not only using her vehicle but also her husband's van to collect and deliver items.

I am not a political person but credit where credit is due. If Karen is not recognised for her efforts that are over and above the call of duty it would be a travesty.

Kind regards
[A Peterlee resident]

Nominations received so far are:-

Nomination:
Mrs. Gail Watson

Gail is a Peterlee resident who initiated a volunteering group called 'The North East Maskateers'.

At the onset of the COVID-19 pandemic there were major concerns about the lack of PPE for those people working in 'Key Worker' roles.

Gail felt so strongly about their safety she decided to make every effort to find ways to support them and keep them safe.

Gail herself was shielding but by showing initiative, leadership and dedication she set up a network of volunteers. Through her own personal family and friends and social media she pulled-together an amazing team of volunteers to make face masks, scrubs and other forms of PPE for people working on the front line of the fight against COVID.

Initially a request was made for donations of bedding, curtains, elastic etc in



addition to anyone in the local community able to make up these donations into PPE. In a short time frame an amazing group of volunteers were organised. They gave up many hours of their own time to help achieve Gail's goal.

In a phenomenal effort the group achieved a staggering:
34,318 face masks
10,875 scrubs
10,870 knitted ear savers
115 scrub tops
222 scrub hats
40 sets of sleeves
168 cannular covers

This PPE was offered to NHS staff, hospital & surgeries, vulnerable individuals and groups, community groups,

school staff, and many others. The group also made 41 gowns and 79 blankets made for Angel Babies, which is a local charity that provides gowns etc for dead babies/stillborns
<https://www.cdcf.org.uk/grants/darlington-friends-ease-miscarriage-heartache/>

As well as this brilliant effort from the North East Maskateers to make so many items for local key workers, the group also donated surplus fabric, bedding, curtains etc to various other charities carrying out similar work throughout the North East.

I feel this very special lady is an "Everyday Hero". Considering her own health is compromised she realized an exceptional achievement and some form of recognition is much deserved.

Yours truly
[A Peterlee resident]

Nomination:
Michael Bewick

Hello, I would like to nominate Michael (Micky) Bewick, for a Covid Heroes award.

At near 70 years old his tireless efforts with East Durham Trust delivering food parcels and shopping for vulnerable people since



March 2020, show what a true gentleman he is.

Michael received a letter from East Durham Trust to thank him for his volunteering

Micky has a heart of gold and is a true Covid Hero.

Thanks
[A Peterlee resident]

This is my dad, his name is Michael Bewick, he is a lifelong resident of Peterlee. He is nearly 70 years old.

He has been delivering newspapers, milk, bread etc. for years, since before Covid began, to the elderly residents in his area and gets nothing for doing it but the thanks of the people that he helps.

Since the first lockdown in March 2020, he has been volunteering for East Durham Trust delivering food parcels and gifts to those in need and vulnerable.

He has stood throughout the summer and winter in the blistering heat and rain in the queue at Asda and other supermarkets all over the North East sometimes 6 or 7 times a day with a shopping list of someone shielding to go get them the essentials they wanted.

There was a successful campaign on our local town Facebook page (Peterlee have your say) to get him to the front of the queue so he didn't have to wait to get in.

He got the shopping list from one shielding gentleman which had on it 4 lagers, when my dad knocked on the door to give

him his shopping and his bank card back the man was mortified to see my dad had only bought 4 cans, the man wanted 4 trays of lager!

Although a pensioner himself, he doesn't class himself as elderly, his favourite saying is he who dares wins, he has certainly won the hearts and respect of those who know him and have come to know him through his good deeds.

This man deserves more than I could ever give him as his daughter, he deserves the world.

Kind regards
Debbie Quinn

CORONAVIRUS

is still out there



Wash **HANDS**

For 20 seconds and often



Cover **FACE**

Wear a face covering when possible



Make **SPACE**

Stay 2m apart from others



Get a **TEST**

If you have symptoms of Coronavirus



Play your part to stay safe
in County Durham
durham.gov.uk/coronavirus



Peterlee Big Garden Birdwatch 2021

Peterlee's heritage as a New Town means that it is blessed with substantially more green open spaces than many other towns and villages in the region. In this Spring edition of the Peterlee Magazine we're celebrating the feathered population of our town.



The public grounds at Shotton Hall are a great place for bird spotting.

The Town Clerk is a bit of a 'twitcher' and here's some of the birds that he's spotted sharing the mature woodland, shrubs, lawns and pond there:



Jackdaw



Great Tit



Sparrow



Tree Creeper



Kestrel



Wood Pigeon



Nuthatch



Robin



Song Thrush



Heron



Blackbird



Rook



Moorhen



Blue Tit



Jay

The RSPB's Big Garden Birdwatch 2021 happened across the weekend of 29th-31st January 2021 and nearly half a million people counted almost eight million birds over that weekend. Both Shotton Hall, off Passfield Way, and Woodhouse Park, off Balliol Close, were registered venues for the weekend. The Town Council's Parks department have put up some extra bird feeders and nest boxes in these locations and a number of Peterlee residents posted photos of birds in their own gardens over the Big Garden Birdwatch weekend.

The UK Top Ten of birds spotted during the RSPB Big Garden Birdwatch 2021 weekend are:

[editor's note: Feel free to sing or hum the old 'At the sign of the singing cymbal' BBC Pick of the Pops theme tune as you read this...]

| | |
|------------------|--------------------|
| 1. House sparrow | 6. Goldfinch |
| 2. Starling | 7. Great tit |
| 3. Blue tit | 8. Robin |
| 4. Woodpigeon | 9. Long-tailed tit |
| 5. Blackbird | 10. Magpie |

This year's top ten for the UK is little changed from 2019, with the top three birds unchanged from last year.

Once again, top spot is taken by the house sparrow, making it first for the seventeenth year running. There's a little bit of shuffling at fourth and fifth, with the woodpigeon moving into fourth and, last year's number four, the blackbird, dropping one spot to fifth.

There is one new entry to the top ten, with long-tailed tits flying into ninth position.

The chaffinch meanwhile has dropped from number nine last year to number 11.

(credit to RSPB Big Garden Birdwatch website 2nd February 2021)

Here's an RSPB 'Feed the Birds' Activity to try at home

This activity comes from the brilliant folk at the RSPB. Their website www.rspb.org.uk is a great place to find out more about birds and wildlife and the work that the RSPB do.

Giving birds a little extra food is a simple and fun way to help, especially when natural sources are low. Making cakes for the birds is great, sticky fun and the mix of fat, seeds and mealworms is irresistible for many garden birds!

Hang them from local trees, or on your balcony and watch your neighbourhood birds discover them. Wild birds are understandably timid at first but especially in the depths of winter these seedy birdcakes won't last long!

What you will need

- String & scissors
- Mixing bowl
- Moulds (e.g. empty yoghurt pots)
- Lard to bind the other ingredients together
- Hard cheese
- Mealworms
- Mixed seeds
- Nuts (unsalted)
- Raisins



Step by Step guide

1. Carefully make a small hole in the bottom of your mould or yoghurt pot. Thread string through the hole and tie a knot on the inside. Leave enough string so that you can tie the pot to a tree or bird table.
2. If using lard, allow the fat to warm up to room temperature, but don't melt it. Then cut it up into small pieces and put it in the mixing bowl.
3. Add the other ingredients to the bowl and mix them together with your finger tips. Keep adding the seed/raisin/cheese mixture and squidding it until the fat holds it all together. This bit can get quite sticky!
4. Fill your yoghurt pots with bird cake mixture and put them in the fridge to set for an hour or so.
5. Hang your speedy bird cakes from trees or your bird table. Watch for greenfinches, tits and who knows, maybe even great spotted woodpeckers if you're lucky!

Don't forget to tell us when you have completed the activity! Take a photo of birds using your bird feeder and send it to council@peterlee.gov.uk or share it with us on facebook [@peterleetowncouncil](https://www.facebook.com/peterleetowncouncil)

Annual Peterlee in Bloom



Peterlee Town Council have held Peterlee in Bloom competition for over 30 years. Due to COVID 19 it could not be held last year. However, we have great news, due to changes being made to this year's Competition, the public are able to enter their hanging baskets & containers virtually rather than being judged in person.

The competition is open to all residents of Peterlee; (with the exception of Members, Staff of the Town Council & their immediate families). Entry is completely FREE! You can get really creative and use a bucket, an old saucepan, a proper pot or a traditional hanging basket/container!

Those wishing to enter are asked to complete this entry form and forward it by

post or via email - Peterlee Town Council Shotton Hall, Old Shotton, PETERLEE, Co Durham, SR8 2PH.

Telephone no: **0191 5862491**
Email: **Corporateadminteam@peterlee.gov.uk**

Please submit your entry form with photographs of your entries no later than Friday 9th July 2021. The Mayor and Parks Manager will judge the entries on Monday 12th July 2021. The winners will be notified on by Friday 16th July 2021. Prize money and certificate will be posted week commencing Monday 19th July 2021.

PRIZE CATEGORIES

- 1 The Best Hanging Basket Displays
- 2 The Best Containers
- 3 The Best recycled item used in the garden

There will be 1st, 2nd and 3rd prizes in all 3 categories of £50, £30 and £20

ENTRY FORM

I wish to enter the above competition. Please tick the categories you wish to enter

1. **BEST HANGING BASKET** 2. **BEST CONTAINER** 3. **BEST USE OF A RECYCLING ITEM**

Entry Name

Address

Postcode Tel no

I understand that in all cases the Judge's decision is final.

Signed Date

General Data Protection Regulation

The information on this form will be held and used for administrative purposes only, in order to process your entry form. Your personal data will be treated in a secure and confidential manner and will not be kept for longer than necessary. If you have any questions regarding personal information that we hold about you or wish to exercise your relevant rights under the GDPR please contact Peterlee Town Council, Council Offices, Shotton Hall Banqueting Suites, Old Shotton, Peterlee, SR8 2PH or by email council@peterlee.gov.uk You can view our policy notice at www.peterlee.gov.uk/transparency-information

24/7 support at the press of a button



Do you know someone who would benefit from 24/7 peace of mind? Would you like reassurance for you or a loved one?

Five reasons to join Care Connect



1. A friendly, local service in your community

Care Connect is County Durham's emergency contact service. Over 11,000 households across the county are signed up to **Care Connect**. We are available to respond to calls quickly and efficiently, for example if you have a fall, our responders will attend your property.

2. Peace of mind for you and your family

Our Control Room responds to an average of 98% of calls within 60 seconds. If you feel anxious, vulnerable or your family has expressed their concern for your wellbeing, or perhaps if you are worried about older relatives, we are only one call away.

3. Extra care and support throughout COVID-19

As pandemic restrictions continue, it's more important now than ever you feel you have the care and support you need. Our staff are provided with full PPE (masks, aprons and gloves) if they visit homes and all **Care Connect** vehicles are cleaned between shifts. We are providing our service as usual throughout the pandemic and will continue to support you whenever you need it.

4. Easy to install

All you need is a working telephone line which accepts incoming and outgoing calls, with an electric socket nearby. No telephone line? No problem! We have a SIM card alternative that comes at a small cost. We can also provide contactless installation for extra protection against coronavirus.

5. Remain independent in your own home

2020 was year of change, worry and separation from family. Ease your worries in 2021 by installing **Care Connect**. Our main aim is to help people of all ages remain independent in their own homes. No one likes change, but here at **Care Connect** we will support you fully and put your worries about your health, security or anything else, at ease.



Code of Practice
Platinum Accredited
Organisation

For further information:

☎ 03000 262 195

✉ care.connect@durham.gov.uk

🌐 www.durham.gov.uk/careconnect



Think Careers in Care

County Durham
Care Academy

I was hoping to move into a role like this once I gained experience and qualifications, but thanks to the Care Academy I have been able to start on my career path now. The ability to speak to people and explain what I needed along with the help given to me with my application made all the difference.



There's a broad range of roles available in adult social care with great opportunities for progression. Care Academy offers a range of remote training and development programmes to suit people at every stage in their career.

Hazel Hill found her perfect job as an Activities Co-ordinator in a Care Home through the Care Academy, organising a range of activities for residents on a daily basis.

If you are interested in starting your career journey into adult social care apply to the Care Academy today by visiting:



www.durham.gov.uk/careacademyrecruitment



03000 260 222



facebook.com/CareAcademyDurham

County Durham
Care Partnership 



Donate Your Unwanted Furniture Items to Local Charity



CT Furniture are part of the self-funded charity Community Transport, which for over 50 years has been providing essential services and support in local communities. We opened our most recent retail store in Peterlee on the Howlatch Retail Park, in October 2020.

We are looking for donations of furniture items, anything from small electrical appliances through to beds, sofas and wardrobes. These will either be resold through our network of North East based shops or via our online store. We aim to encourage furniture re-use and reduce the number of items going to landfill - your donations will go on to help local people during these uncertain times.

We offer a FREE prompt COVID-safe collection from your home - arranged via a quick phone call or through our website.

The charity is also working with several organisations including local Councils, providing support to local people in need and giving them access to high-quality furniture, when they most need it. All surplus funds raised through the sale of donated items are

used to help and support more people. Whether that's by us providing furniture or transporting those with mobility issues on our fleet of minibuses, taking those isolated to their medical appointments or delivering school meals.

Working with the NHS - We are also working closely with several organisations including the NHS, helping to furnish properties for them to house doctors and nurses across the North East and North West - so they have somewhere comfortable to stay while they help fight COVID.

Helping the homeless - during the Covid-19 pandemic, when local authorities were asked to find emergency homes for vulnerable people, CT Furniture were able to provide furniture packs for those who previously were staying in night shelters or living on the streets.

Volunteer opportunities - we are looking for volunteer help from those who want to make a difference in the local community. Get in touch if you would like to gain valuable work-based experience, meet new friends and be part of something worthwhile.

Reducing landfill - by recycling and repurposing household furniture we divert items from landfill, so helping the environment by reducing carbon emissions.

North East based stores - we supply quality pre-loved, vintage, antique and repurposed furniture online or from our four retail premises based in Blyth, Newcastle and our new store in Peterlee. All our stores and collection teams are adhering to the government's latest COVID secure guidelines.



Book a free Covid-safe collection today, call Freephone: **0800 917 4397** or shop online at: www.communitytransport.org/shop

CT Furniture is a division of the charity Community Transport Reg. No.: 247331 - helping create a better everyday life for local people, since 1964.



**LOCKDOWN COLLECTIONS AVAILABLE
DONATE YOUR UNWANTED ITEMS
TO OUR LOCAL NORTH EAST CHARITY.**

STORES
OPENING
SOON!

**FURNITURE
DONATIONS
URGENTLY
REQUIRED**

Book a **FREE Covid-safe collection** from your home.

Contact our collections team on: **0800 917 4397**
or donations@communitytransport.org

**GIVE YOUR UNWANTED ITEMS A NEW LEASE OF LIFE
& HELP US TO DIVERT ITEMS FROM LANDFILL.**

View our range of household furniture & electrical items
online at: www.communitytransport.org/shop

**Every sale will help us to deliver a range of charitable
services for the most vulnerable people in our society.**

A **Click & Collect** service at our North East based stores
or **contactless doorstep delivery** will be offered on all purchases:

CT Furniture Byker • CT Furniture Peterlee • CT Furniture Blyth

You can also buy from us on Facebook and Gumtree

Registered Charity no. 247331 - part of Community Transport - helping create a better everyday life for local people since 1964.

Useful Contacts and local support

Please see our local and national contact information for services you may find useful to yourself or others.

HOUSING

| Got an issue with.... | Then contact.... | On.... |
|--|--|--|
| -Finding a home -Paying Rent -Repairs & Maintenance -Complaints & Feedback -Safety in your home. | Believe Housing | 0300 131 1999 |
| -Homelessness / Housing Advice | Housing Solutions and Housing Advice Line Welfare Assistance Scheme | 03000 268 000 (out of hours 01388 722 538) 03000 267 900 |

HEALTH

| Got an issue with.... | Then contact.... | On.... |
|---|---|--|
| -Learning Disability -Mental Disability -Physical Disability -Sensory Disability | Care and Support pathways. | 03000 266 559 |
| Addiction Problems | County Durham Drug & Alcohol recovery Services Healthworks (Smoking) | 03000 266 666 0191 37280710 |
| Domestic Abuse | Harbour Support Services | 0191 586 8890 03000 202 525 |
| Need someone to Talk to / Counselling | Talking Changes | 0191 333 3300 |
| Prescriptions | The community Pharmacy | 0191 586 4444 |

HELP / MONEY

| Got an issue with.... | Then contact.... | On.... |
|--|--|--|
| Benefits / Council Tax / Registration Services | Durham County Council | 03000 260 000 (General) 03000 262 000 (Benefits) 03000 266 000 (Registration Services) |
| Food Supply | East Durham Trust (food bank) | 0191 569 3511 |
| Children's safety / Services | Childline | 0300 1666 666 |
| Job Searching / Claims | Peterlee Job Centre Job Centre Plus | 0345 604 3719 (main line) 0800 169 0350 (new claims) |
| Money Advice / Helpline | Citizens Advice | 0300 330 9027 (advice line) 0300 323 2000 (debt advice) 03454 040 506 (helpline) 0800 144 8444 (universal credit) |
| Tax payments / queries | HMRC | 0300 200 3300 (General) 0800 0159 559 (self-employed, business owner, Taxes) |

Durham County Council Queries Services

FREE PHONE

| | | |
|----------------------------------|-----------------------|----------------------|
| General Enquiries | Customer services | 03000 26 0000 |
| Electoral services | Resources | 03000 26 1212 |
| Refuse/street lights/dog fouling | Highways/Streetscene | 03000 26 1000 |
| Planning applications | Planning | 03000 26 1060 |
| Benefits | Revenue and benefits | 03000 26 2000 |
| Council Tax | Council Tax | 03000 26 4000 |
| Bus Passes | Sustainable Transport | 03000 26 8667 |
| Blue Badges | Blue badge scheme | 03000 26 9425 |
| General Enquiries | Customer services | 03000 26 0000 |
| Electoral services | Resources | 03000 26 1212 |
| Refuse/street lights/dog fouling | Highways/Streetscene | 03000 26 1000 |
| Planning applications | Planning | 03000 26 1060 |
| Benefits | Revenue and benefits | 03000 26 2000 |
| Council Tax | Council Tax | 03000 26 4000 |
| Bus Passes | Sustainable Transport | 03000 26 8667 |
| Blue Badges | Blue badge scheme | 03000 26 9425 |

Know your councillors

Peterlee Town Council is made up of 22 councillors representing the five wards of Peterlee. They are chosen by you at local council elections held every four years. The next election is in May 2021. Contact details of your councillors are published on the Town Council's website: www.peterlee.gov.uk/councillors/ and here's a list for you to keep handy at home:

| ACRE RIGG WARD, 5 MEMBERS | | | |
|----------------------------|------------------|--|---|
| Councillor's name | Telephone number | E-mail address | |
| Gordon Carne | (0191) 7160770 | gordoncarne@yahoo.com | <p><i>As a guide this ward includes the following streets</i></p> <p>Lowhills Road, Lincoln Walk, Suffolk Walk, Acre Rigg Road, Basingstoke Road, Beverley Way, Gloucester Place, Neville Road, Westmorland Rise, York Road.</p> |
| Karon Liddell | (0191) 7160771 | karon.liddell@durham.gov.uk | |
| Steve McGlen | (0191) 7160772 | stephendmclen@btinternet.com | |
| Steve Miles | (0191) 7160773 | stevem16@sky.com | |
| Sheila Simpson | (0191) 7160774 | sheilasimpson1@outlook.com | |
| DENE HOUSE WARD, 4 MEMBERS | | | |
| Councillor's name | Telephone number | E-mail address | |
| Louise Fenwick | (0191) 7160775 | cllr.louisefenwick@gmail.com | <p><i>This ward includes the Town Centre and streets including</i></p> <p>O'Neill Drive, Manor Way, Eastfield, Thorntree Gill, Matteredale Road, Hatfield Place.</p> |
| Karen Duffy | (0191) 7160776 | mylovely@tiscali.co.uk | |
| Terry Duffy | (0191) 7160777 | terryduffy@talktalk.net | |
| Sonny Kirkup | (0191) 7160778 | sonnykirkup52@gmail.com | |
| EDENHILL WARD, 4 MEMBERS | | | |
| Councillor's name | Telephone number | E-mail address | |
| Mary Cartwright | (0191) 7160779 | maryrosemarie@hotmail.com | <p><i>This ward includes streets including</i></p> <p>Coniston Close, Edenhill Road, Brandlings Way, Crawford Avenue, Fairbairn Road, Eden Lane, Ashton Rise.</p> |
| Colin Watkins | (0191) 7160780 | colinwatkins145@gmail.com | |
| Bobby Kyle | (0191) 7160781 | cllr.bobbkyle@yahoo.com | |
| Diane Howarth | (0191) 7160782 | dijoycey@icloud.com | |
| HOWLETT WARD, 4 MEMBERS | | | |
| Councillor's name | Telephone number | E-mail address | |
| Steve Franklin | (0191) 7160783 | sfranklin149@yahoo.co.uk | <p><i>This ward includes some of the following streets</i></p> <p>Brendon Place, Pennine Drive, Pentland Close, Shadforth Close, Grampian Drive and Balliol Close.</p> |
| Angie Long | (0191) 7160784 | cllrangie.long@gmail.com | |
| Rob Moore | (0191) 7160785 | robamoore1@gmail.com | |
| Alan Wilkinson | (0191) 7160786 | alantwilko251086aw@gmail.com | |
| PASSFIELD WARD, 5 MEMBERS | | | |
| Councillor's name | Telephone number | E-mail address | |
| Karen Hawley | (0191) 7160787 | karen.hawley@durham.gov.uk | <p><i>This ward includes some of the following streets</i></p> <p>Donnerston Grove, Appleby Way, Lambton Court, Tees Close, Helford Road, Sunny Blunts and Tweed Close.</p> |
| Susan McDonnell | (0191) 7160788 | Susan.Mcdonnell@durham.gov.uk | |
| Andrew Watson | (0191) 7160789 | andrew.watson@theNorthEastParty.org.uk | |
| Victoria Watson | (0191) 7160790 | victoria.watson@theNorthEastParty.org.uk | |
| George Johnson | (0191) 7160769 | g.johns2466@gmail.com | |

How to get involved and have your say

- You can contact your local Town Councillor using the details provided above.
- Meetings are still being held monthly and although members of the public are not yet able to attend in person due to the Covid-19 restrictions in place, to keep you and our staff and members safe, you can attend the meeting online. To find out how you can join in, please visit our website, www.peterlee.gov.uk. Alternatively, please call Kay and Louise on **(0191) 5862491**, during office hours.

DOWEN

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5 Star Estate Agents

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Contact Us To Sell Yours

We Often Have Tenants Waiting
For Houses To Rent

Contact Us To Let Yours



Pictured left To right : Team Downen Peterlee are
Carolyn Charnock • Lisa Andrews • Barbara Metherell • Jan Ingleby

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5 STAR REVIEWS AT**

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